



## SAINT AMBROSE CATHOLIC CHURCH

**MARCH 22, 2020**  
**Fourth Sunday**  
**of Lent**

Brothers and sisters:

You were once darkness,  
but now you are light in the Lord.  
Live as children of light, for light  
produces every kind of goodness  
and righteousness and truth.  
Try to learn what is pleasing to the  
Lord. Take no part in the fruitless  
works of darkness; rather expose them,  
for it is shameful even to mention  
the things done by them in secret;  
but everything exposed by the light  
becomes visible, for everything that  
becomes visible is light.  
Therefore, it says:

“Awake, O sleeper,  
and arise from the dead,  
and Christ will give you light.”

EPH 5:8-14

5130 Wilson Avenue  
St. Louis, MO 63110

### **Parish Office Hours**

Monday – Friday 7:00am-4:00pm

**Phone:** 314.771.1228

**Fax:** 314.771.0454

**St. Ambrose School**

**Phone:** 314.772.1437

**Emergency:** 314-920-7924

[www.stambroseonthehill.com](http://www.stambroseonthehill.com)

**Emergency # 314-920-7924**



## **PARISH MISSION STATEMENT**

**WE, THE MEMBERS OF  
ST. AMBROSE PARISH, BELIEVE  
THAT, THROUGH OUR FAITH AND  
BAPTISM, WE HAVE BEEN  
CALLED TO GIVE WITNESS TO  
THE VALUES OF JESUS AS  
EXPRESSED IN THE GOSPEL  
AND TEACHINGS OF OUR  
CHURCH.**

**SAINT AMBROSE CATHOLIC CHURCH**

**PARISH STAFF—IMPORTANT INFORMATION**

Msgr. Vincent Bommarito.....Pastor  
Rev. Mr. Joseph Fragale.....Deacon  
Sharon Gambaro.....Bookkeeper  
Vicki Calcaterra.....Secretary  
Ashley Hackmann.....Bulletin  
**Parish Office Directory:** 771-1228, mailbox #:  
Msgr. Vincent Bommarito..... 1  
frvinceb@gmail.com

Vicki Calcaterra..... 2  
secretary@stambroseonthehill.com

Sharon Gambaro..... 3  
sgambaro@stambroseonthehill.com

Joe Fragale..... 4  
jfragale@stambroseonthehill.com

**Masses**

Monday - Friday.....6:30 am  
First Sunday if possible Italian Mass.....11:00 am

**School Masses  
(While School is in Session)**

Tuesday & Friday .....8:00 am

**Weekend Masses**

Saturday.....5:00 pm  
Sunday..... 7:00, 9:00 and 11:00 am

**Communion Service**

Saturday .....7:30 am

**Holy Day Mass Schedule**

6:30 and 9 am, 12:00 noon

**Confession:**

Saturday 4:00 - 4:30 pm

**Adoration:**

Each Friday 8:30 am-12 noon

Monday, Wednesday, and Friday 4:00 - 8:00 pm

**Rectory Office Hours:  
Monday - Friday - 7 am - 4 pm**

Use entrance located between rectory and school.

Emergency # 314-920-7924

**St. Ambrose School**

5110 Wilson Ave.

(314) 772-1437

<http://www.stambroseonthehill.com>

Barbara Zipoli.....Principal 114  
bzipoli@stambroseonthehill.com

Linda Gambaro .....Secretary 116

**Marriage**

Call the pastor to discuss your wedding arrangements. You may have a wedding at St. Ambrose if you have been an active member of the parish for at least six months.

**RCIA—Rite of Christian Initiation of Adults**

If you are interested in learning more about the Catholic faith, please speak with Deacon Joe Fragale. Classes are on Monday evenings, beginning in October and continuing until Easter.

**Eucharistic Ministers/Lectors**

If you would like to volunteer to help with this ministry, please call the rectory.

**St. Vincent de Paul Society**

For more info please call 289-6101, ext.1131.

**Choirs**

To join the Sunday choir, contact Gary Scott at the rectory.

**Bulletin**

Articles are due at least 10 days before distribution.

E-mail articles to Ashley Hackmann

bulletin@stambroseonthehill.com

314-771-1228 #107

**PSR**

Contact the South City Deanery PSR

Nancy Haselhorst at 314-773-3070.

Leave a message.

**Children’s Liturgy of the Word**

This is a short worship service for children aged 3-10 years. The service is offered during each 9 am Sunday Mass during the school year.



## MASS INTENTIONS FOR THIS WEEK

All Mass Intentions will be rescheduled.

## PARISH CALENDAR

All events have been canceled until further notice

*Please pray for those who have requested prayers.*

Kyle, Dominic, Susan Josephine,  
Lindsay Celeste, Jan, Vasiloff, Maria,  
Toni, Jan,  
Tony, Janice, Maria, Mary Louise, Sue,  
Mary, Ben, Maryanne



If you would like the bulletin emailed to you or a family member, send an email to Ashley at [bulletin@stambroseonthehill.com](mailto:bulletin@stambroseonthehill.com)

### St. Ambrose Sacrificial Giving Summary 2019/20 Goal (July 1 – June 30) \$551,668

#### Weekly information

Week ending:	03/01/2020
Amount budgeted:	\$ 10,609.00
Amount collected:	\$ 12,412.00
Surplus (Shortfall):	\$ 1,803.00

#### Year-to-date information

Amount budgeted:	\$ 381,924.00
Amount collected:	\$ 422,471.00
Surplus (Shortfall):	\$ 40,547.00

## Please Read

Here's how we can help protect parishioners from the spread of illness when they gather for Mass:

- \*Suspend the exchange of the sign of peace (or instructing that it be exchanged without physical contact).
- \*Share reminders that Holy Communion is encouraged to be received in the hand.
- \*Suspending the distribution of Holy Communion to the faithful via the chalice.



CARDINAL RIGALI CENTER  
20 ARCHBISHOP MAY DRIVE  
ST. LOUIS, MISSOURI 63119  
P) 314.792.7841  
F) 314.792.7842  
WWW.ARCHSTL.ORG

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ARCHDIOCESE OF ST. LOUIS

OFFICE OF THE ARCHBISHOP

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March 16, 2020

Dear Priests and Deacons,

**In order to help slow the spread of COVID-19 in our community, I am mandating the suspension of all public Masses in the Archdiocese of St. Louis, beginning with Masses following this communication today, March 16, 2020.** Pending updates and guidance from local and state government and health officials, we have preliminary plans to resume Masses beginning April 6; however, we will re-evaluate at a later date.

At this time, all churches are to remain open to individuals for personal prayer, devotions and confessions.

As with my directive on March 15 to close schools, this decision has not been made lightly. However, caring for both our physical and spiritual health go hand-in-hand, and the health, safety and overall well-being of the people of the archdiocese is my first priority.

Please review new details and guidelines below, to be implemented immediately and maintained through April 5, 2020, pending further updates:

- **All public celebrations of the liturgy, as well as Liturgy of the Hours, Stations of the Cross, and all other group services, Bible studies and activities are to cease beginning immediately.** The dispensation I have offered for all Catholics in our archdiocese from the obligation to attend Sunday Mass is now extended through April 5.
- The duty for priests is to continue celebrating Masses “**sine populo**”, and should include the assistance of at least one other adult minister if possible. No more than four ministers should be gathered for this purpose.
- The intentions for all Masses celebrated sine populo should be re-assigned as “**missas pro populo**” — Masses offered for the people. Please work to reschedule the original intentions of these Masses for a future Mass at a later date, if possible.
- Please work with your parish staff and lay members to offer **live-streamed Masses** where possible. A live stream can be accomplished by broadcasting the Mass with a smartphone or tablet to social media streaming tools. While live-streaming and televised options are available through our Cathedral Basilica of Saint Louis, offerings through local parishes are preferred for our parish communities. As you develop and schedule these live-streams, please share the times of those Masses and how to view them with your parish and the Office of Communications and Planning ([communications@archstl.com](mailto:communications@archstl.com)). The Archdiocese of St. Louis will assist you in trying to reach a greater audience with the information.

- **Eucharistic Adoration:** Decisions regarding whether to continue operation of adoration chapels should be determined by the pastor. However, the exposed Blessed Sacrament is never to be left unattended. If necessary, the Blessed Sacrament may be reposed in the tabernacle at least two times during a period of adoration. Please take care to implement the most recent social distancing guidelines from the Centers for Disease Control and Prevention (CDC), ensuring that no more than 10 individuals are gathered in Eucharistic adoration at one time.
- **Weddings/funerals/baptisms:** The decisions regarding whether to continue with weddings and funerals remain with the parish pastor. The Archdiocese of St. Louis recommends limiting attendance at these sacred events to immediate family members only – or rescheduling. Parish pastors should determine whether to continue with baptisms. Where possible, the Archdiocese of St. Louis recommends that baptisms be conducted in a simple, private, individual ceremony.
- **Sacrament of Reconciliation:** It is recommended that the Sacrament of Penance be celebrated using a screen (anonymously) to ensure the health department's social distancing guidelines. If a penitent prefers to offer a confession face-to-face, the chair of the penitent should be placed approximately six feet from the confessor. This may require holding confessions in a different location than usual.
- **Holy Communion:** may still be administered by clergy in Masses sine populo, following the guidelines of my previous letter, which is attached to this email. Holy Communion may also be distributed outside of Mass at times determined by the pastor. All ministers, ordinary and extraordinary, delivering Holy Communion to the elderly, sick or homebound need to be in good health.
- **Anointing of the Sick:** may still be administered by priests to those seriously ill or in danger of death. However, priests administering this sacrament need to be in good health. If you are administering to someone with COVID-19, please contact the Office of Worship ahead of time.
- All those administering sacraments to the elderly, sick or homebound need to follow proper protocols from the [CDC](#) for handwashing and use of masks by those infected and those who are ministering.
- **Collections:** Please remind parishioners that collections remain essential to the continued operation of our parishes and their missions. Encourage them to use online giving, drop-off or mail their contributions.
- **Charitable giving:** The Archdiocese of St. Louis understands the economic impact that this emergency is having on so many individuals in our parishes, as well as on our community as a whole. However, in times like this, it is even more urgent for us to assist our brothers and sisters who are in the most need. We encourage you to consider supporting organizations that are responding to this crisis, such as [Catholic Charities of St. Louis](#), [The Society of St. Vincent de Paul of St. Louis](#) and the [Annual Catholic Appeal](#).
- **Assisting individuals in need:** Please continue to work to support individuals who depend on parish charitable efforts for food and other necessities. You may refer parishioners and others who request assistance to The Society of St. Vincent de Paul of St. Louis: dial 2-1-1; and/or Catholic Charities of St. Louis: dial (314) 367-5500 or email [info@ccstl.org](mailto:info@ccstl.org)

- Please note the following:
  - **Society of St. Vincent de Paul operations:** Person-to-person home visits are temporarily suspended, but the Society of St. Vincent de Paul Conferences are still taking calls. SVdP's goal is to keep as many food pantries functioning as possible with altered procedures such as porch deliveries, bagging and picking up food, and distributing food vouchers or gift cards to those in need. Those in need should call 2-1-1.
  - **Catholic Charities of St. Louis operations:** All Catholic Charities agencies continue to review services as recommended by health officials. Some services are being modified, and some non-critical services have been postponed. Catholic Charities is also working with the archdiocese and community partners to develop additional community relief efforts. If an individual is in need of services from a Catholic Charities agency, please refer them to the agency website ([ccstl.org](http://ccstl.org)), to call the Catholic Charities office at (314) 367-5500 or to email [info@ccstl.org](mailto:info@ccstl.org).

My support and prayers continue to remain with you as we navigate the challenges of this national emergency. The Archdiocese of St. Louis will continue to support you, and we ask for your continued prayers and support in return.

Please refer to my previous letter, attached to this email, for my additional mandates and guidelines that remain in place. Also, as a reminder, the latest public statements and information from the archdiocese regarding COVID-19 can be found at [archstl.org/coronavirus](http://archstl.org/coronavirus).

Mary, Health of the Sick and our Mother, pray for us.

Sincerely yours in Christ,

A handwritten signature in black ink, appearing to read "Robert J. Carlson", with a small cross symbol to the left of the first name.

Most Reverend Robert J. Carlson  
Archbishop of St. Louis

*The Office of Communications and Planning encourages you to monitor the social media accounts of Archbishop Robert J. Carlson, the Archdiocese of St. Louis and the St. Louis Review for the most up to date information regarding the coronavirus (COVID-19) in the Archdiocese of St. Louis.*

*Archbishop Robert J. Carlson [Facebook](#), [Twitter](#)  
Archdiocese of St. Louis [Facebook](#), [Twitter](#), [Instagram](#)  
St. Louis Review [Facebook](#), [Twitter](#)*



## About the Society of St. Vincent de Paul

March 22: Fourth Sunday of Lent

St. Vincent de Paul thrift stores take in all kinds of donations to help Neighbors in Need. Get a jump start on spring cleaning by donating your old clothes, kitchen items, books, furniture, and even cars.

The nearest thrift store to this location is at Christy and Kingshighway.

For assistance with rent, food, clothing, utilities, prescription medication or transportation, please call: 314 289-6101 Ext. 1131

As Jesus passed by he saw a man blind from birth. He spat on the ground and made clay with the saliva, and smeared the clay on his eyes, and said to him, "Go wash in the Pool of Siloam" — which means Sent —. So he went and washed, and came back able to see. His neighbors and those who had seen him earlier as a beggar said, "Isn't this the one who used to sit and beg?" Some said, "It is," but others said, "No, he just looks like him." He said, "I am." They brought the one who was once blind to the Pharisees. Now Jesus had made clay and opened his eyes on a sabbath. So then the Pharisees also asked him how he was able to see. He said to them, "He put clay on my eyes, and I washed, and now I can see." So some of the Pharisees said, "This man is not from God, because he does not keep the sabbath." But others said, "How can a sinful man do such signs?" And there was a division among them. So they said to the blind man again, "What do you have to say about him, since he opened your eyes?" He said, "He is a prophet." They answered and said to him, "You were born totally in sin, and are you trying to teach us?" Then they threw him out. When Jesus heard that they had thrown him out, he found him and said, "Do you believe in the Son of Man?" He answered and said, "Who is he, sir, that I may believe in him?" Jesus said to him, "You have seen him, and the one speaking with you is he." He said, "I do believe, Lord," and he worshiped him.

Jn 9:1, 6-9, 13-17, 34



## EUCCHARISTIC ADORATION

...*“Pause before the tabernacle by yourself, for no special reason, even without saying a word, simply remaining in Christ’s presence, contemplating the supreme gesture of love contained in the consecrated Bread”.*  
- Pope John Paul II

As we walk along side Our Lord during this third week of Lent, there are so many distractions, especially fears related to the Coronavirus. It has made an impact on the way we interact with each other, manage our household, keeping our family safe. **This week we must wear our crown of thorns and trust in our faith life.**

*“Dear Jesus, healer of all, stay by our side in this time of uncertainty and sorrow. You traveled through towns and villages curing every disease and illness. Come to our aid now, that we may experience your healing love”.*

### ***Third Sorrowful Mystery: The Crowning with Thorns***



**Scripture:** Then the soldiers of the governor took Jesus into the governor’s headquarters, and they gathered the whole cohort around him. They stripped him and put a scarlet robe on him, and after twisting some thorns into a crown, they put it on his head. They put a reed in his right hand and knelt before him and mocked him, saying, “Hail, King of the Jews!” They spat on him, took the reed and struck him on the head. After mocking him, they stripped him of the robe and put his own clothes on him. Then they led him away to crucify him ([Matthew 27:27-31](#)).

*Source “My Catholic Life”*

**The Blessed Sacrament will be exposed on the main altar unless there is another service taking place – then it will be in the Chapel.**

**MONDAYs: 4:00 – 8:00 PM**  
**WEDNESDAYs: 4:00 – 8:00 PM**  
**FRIDAYs: 8:30 – NOON and 4:00 – 8:00 PM**

**Contact one of us if you would like to become a WEEKLY or SUBSTITUTE Adorer!**

Bonnie Devoti at [devotij@gmail.com](mailto:devotij@gmail.com) 314.223.1495 or  
Caroline Ernst at [caroline.c.ernst@gmail.com](mailto:caroline.c.ernst@gmail.com) 314.606.1872

# Homebound Mass Schedule

Mass for the Homebound...

Sunday Masses for the homebound in the Archdiocese of St. Louis include the following:

## TELEVISION

WRBU ch. 46 (ION) at 5:30 a.m.

KTVI ch. 2.2 at 9:00 a.m.

### Cable:

AT&T U-Verse ch. 46 (ION) at 8:30 a.m.

Charter ch. 7 (ION) & 79 (ION) at 8:30 a.m.

### Satellite:

DirecTV ch. 46 & 305 at 8:30 a.m.

Dish ch. 46 & 216 at 8:30 a.m.

Fox (digital channel only Charter: 88 antenna: 2.2) at 9:00 am

EWTN 7:00 am (live) or 11:00 am (encore)

Ste. Genevieve Community Access Television (channels 7 & 28) 11:00 am

## RADIO

Covenant Network (WRYT AM 1080 / KHOJ AM 1460) at 10:00 am, live from the Cathedral Basilica

Ste. Genevieve (KSGM 980 AM) at 8:30 am

## ONLINE

All online Sunday masses will be available on [heartofthenation.org](http://heartofthenation.org)

# Lent

Find these words having to do with the liturgical season of Lent in the puzzle below. Words can go horizontally, vertically and diagonally in all directions.

H K Y G N I T S A F L F P W Z Z Y L G Y  
F L T T Y P L N Y G Z R R C D F G Z X T  
T R W W R R H H Q N Q Q T R Y N L N K N  
A S H E S A M T L P M M R A G K C K J O  
Y V D H Y Y C K D J E D D Z E H X P S I  
W Z L J J E P K K D R S H E P X R N A T  
M P Z W P R R T I K E X W R K E W O C A  
M L E K T M T T D N X Y M T P O D I R I  
M M Q N L N A Z D X L J F A R C R X I L  
G M Y G A T F E H O R M R R T P Q I F I  
Z N K C I N W Z H W X E O K P Q C F I C  
H B I O R H C P V P L S Z Q B N F I C N  
T Y N V S M Q E L X K Y F T W F X C E O  
N K C A I H D T K T T Q K B N V C U Q C  
T K S T P G W B S T W T L P M L Z R L E  
W B T P L K S L W S W C Z W B C F C X R  
R T N V R T L M Z N O C R N N T G P D N  
G N E K Y I R W L F O R G I V E N E S S  
Y N L K H N N C T A G T C R Q R B T M V  
D N K J K L D G R E T S A E Z N X C V G

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alms giving	lent
ashes	meditation
Ash Wednesday	penance
cross	prayer
crucifixion	prepare
Easter	reconciliation
fasting	sacrifice
forgiveness	sorrow
Holy Week	spring